

RULES AND REGULATIONS CONTRACT

I _____ hereby agree to the following terms,

_____ I am seeking residency with The Sober House because I have been diagnosed as, or it is understood that, I have substance use disorder. I am in need of a safe and sober place to continue with my recovery process.

Drug/Alcohol Use:

_____ The use of alcohol and drugs is prohibited. I understand that I will be discharged from the house if I engage in any alcohol or drug use. The house is a recovery environment. Any behavior not consistent with the recovery process, (for ex: lying, being deceitful, and/or covering up someone else's alcohol or drug use while in the house), is grounds for dismissal from the house. If I know that someone has used, and I don't report it, I understand that I will be kicked out.

Meetings:

_____ This is a Twelve-Step Recovery House. I will go to meetings every day for the first ninety days that I am in the house. After the first ninety days, I will go to at least four to five meetings a week. Proof of Meeting Slips are to be turned in every week. Failure to show proof of meetings will result in the loss of a "pass" for the first time and dismissal from house the second time. Slips must be stamped or signed by the Secretary of the Meeting; No exceptions! Outpatient classes will count as a meeting for the day.

Curfew:

_____ The curfew at the Sober House is 10:00 P.M., Sunday through Thursday and 12:00 A.M., Friday and Saturday. I agree to be at the house before curfew. I agree not to stay away from the house without permission.

I understand that the doors will be locked at curfew time; no exceptions! No one is allowed to open front door for anyone after curfew. There are no visitors allowed in the house after curfew. Anyone caught breaking these rules will be discharged from the house. Once inside for curfew, smoking is permitted in designated areas ONLY.

House Activities:

_____ I agree to participate in all mandatory scheduled activities. I agree to attend all house meetings.

Smoking:

_____ Smoking is NOT prohibited in or in front of the house. Smoking is permitted in designated areas ONLY. All butts are to be put in can located in smoking area. Violators will be discharged from the house.

Loitering:

_____ Hanging out, smoking, or loitering in the front of the house is prohibited.

Appointments:

_____ I understand that I am solely responsible for compliance with all DDS and out-patient appointments.

Rent:

_____ I am responsible to pay my rent on time. Rent of \$150.00 is due every Friday by 6:00 P.M. If rent is not paid within 48 hours of the due date, I understand that I will be discharged from the house. If discharged, I have one week to pick up my belongings or they will be considered property of the house. I understand that I am not entitled to any refunds, no matter when I am discharged.

Employment:

_____ If I am not presently employed when I move into the house, I must obtain employment within the first two weeks of my arrival. I

understand that I will be required to actively search for employment. I will leave the house at 9:00 A.M. each day to search for work and return no later than 3:00 P.M. If I do not have a job within the first two weeks of my arrival, I agree to be discharged from the house. No night jobs are permitted.

Property:

_____ I will NOT destroy or deface any property of the house, including the house itself. If I destroy any property, intentionally or negligently, I understand that I will be held responsible to fix any damages I cause.

Theft and Violence:

_____ There is NO stealing. There is NO physical or verbal violence.

Weapons:

_____ There are NO weapons of any kind allowed in the house or on the premises; this includes “any item” being used as a weapon. Violators will be discharged, and the police will be called immediately.

Sexual Activity:

_____ Sexual activity is NOT permitted in the house or anywhere on the premises.

Pornography:

_____ There is NO pornography allowed in the house; this includes magazines, movies and the internet.

Sleeping:

_____ Sleeping on couches, chairs, etc., in the common areas, is NOT permitted.

Cleaning and Cooking

_____ I agree to complete my daily cleaning schedule. I will keep my bed neat and my room clean at all times. I will keep the kitchen, living room and bathroom clean at all times. Cooking is prohibited after 12:00

A.M., Sunday through Thursday and 2:00 A.M. Friday and Saturday. Washing clothes must be done by 11:00 P.M., Eating in bedrooms or common areas is NOT allowed. No open drinks, excluding water bottles, are allowed in bedrooms and common areas.

Hygiene:

_____ I will maintain proper hygiene at ALL times.

Noise:

_____ Loud music, television, and any other loud activity is NOT permitted after 8:00 P.M. The television is to be turned off by midnight during the week and 1 A.M. during the weekends.

Drug and Alcohol Testing:

_____ I am willing to take a drug and alcohol urinalysis at ANY time. Pants, shorts, skirts, underwear must be dropped to the floor, with one hand holding up shirt while urinating. I understand that a woman will be watching me while I am urinating. I understand that I have a 15 on-demand or leave policy. We send in lab tests for bath salts, spice, DXM and alcohol after a pass is used.

Pets:

_____ NO pets are allowed in the house or on the premises.

Probation Period:

_____ I understand that, as a new resident, I will be on a thirty day probation period.

Passes:

_____ Passes are granted after thirty days. I understand that I must write down where I will be, while using a Pass, on the back of my turned in AA slips. If the house doesn't know where I am, I will be considered out past curfew, and I will be discharged from the house. Anyone arrested while out on a Pass will be discharged immediately. I understand that if I do any of the following, I will lose my Pass privileges:

Not turning in my AA/NA slips
If I text during or walk out of meetings
If I don't do my house chores
If I break any rules

Room Placement:

_____ I understand that I will be assigned to whatever room and bed that my House Manager decides on. I will provide access or keys to my room to Landlord and House Manager at all times.

Personal Property:

_____ I can bring personal items that will fit into my dresser and my shared closet; anything else is prohibited. I understand that this house is NOT a storage facility. I agree to store all other personal items elsewhere.

_____ Any of my property in the house, including my car can be searched at any time. If I have something that I'm not supposed to have, drugs, etc. I will be immediately discharged.

Vehicles:

_____ A valid driver's license and insurance is required to drive and have a vehicle on the premises. There are NO broken down cars permitted on property. No oil changes or any kind of work on vehicles is allowed on the property.

Medication:

_____ ALL medications must be consumed as prescribed. Medications may NOT alter your judgment in anyway. The Sober House reserves the right to decide what is deemed excessive medication use. Any suicidal thoughts must be reported to the House Manager. Any expressions of suicide or suicidal thoughts overheard by anyone will result in my immediate transportation to the Emergency Room.

_____ Medication Assisted Treatment is not allowed. You cannot be on Suboxone or Methadone in the house. Vivitrol is accepted.

Statutory Authority:

_____ I understand that The Sober House operates pursuant to Title 42 of the United States Code, 300X-25, and the Federal Anti-Drug Act of 1988, PL 100-690, 2036, as amended. Federal law permits the use of federal start-up loan funds as long as the House: (A) prohibits all residents from using drugs and alcohol or illegal drugs; (B) expels any resident who violates such prohibition; (C) equally shares household expenses, including the monthly lease payment, among all residents; and (D) utilizes democratic decision making within the group, including the inclusion in and expulsion from the Home.

Under federal law, I agree to be expelled immediately from the Home if I violate the terms of this agreement. I understand that in living in the Home and agreeing to these terms, I do not have the same rights that I would in a landlord/tenant relationship. In accepting these terms, I understand that federal law controls, and I thereby waive normal due process afforded by local landlord tenant laws.

I have read and understand all of the material on this contract, including the limitations set forth in the Statutory Authority section. I have answered all questions honestly and strive to achieve success in my recovery process.

The Sober House is not responsible for accidents that may occur on the property. You are personally responsible for ALL of your medical expenses.

Signature

Date

Social Security #

DL#

Emergency Contact Name & Numbers:

Name

Phone Number

Name

Phone Number